COVID 19: March 31st, 2020 UPDATE
(as of 4:30 pm)

The Centers for Disease Control and Prevention (CDC), the Wisconsin Department of Health Services (WI DHS) and the North Shore Health Department (NSHD), along with other local health departments are responding to an outbreak of respiratory disease caused by a novel coronavirus, COVID-19. For the most current information on the COVID-19, please visit the [CDC's website on COVID-19](#) or [www.nshealthdept.org](#).

The first case in the North Shore was confirmed on March 13th, 2020. There is now evidence of community spread in the North Shore and throughout much of Wisconsin. As the North Shore Health Department, we are currently monitoring 35 active cases, and we are also providing active monitoring for high-risk contacts of confirmed cases with daily phone calls. We have triaged and processed over 360 suspect cases and/or contacts, and performed several large contact investigations, which involves notifying the contacts of their potential risk and educating them on quarantine guidelines set by the CDC and WI DHS. We are also managing six active cases in Milwaukee to assist the Milwaukee Health Department.

According to the Safer at Home order, landlords or rental property managers should avoid entering leased residential premises: Emergency maintenance is permitted, but routine maintenance should be postponed while the Safer at Home order is in place. Additionally, landlords should not be showing inhabited rental property during the order. If this is occurring, tenants should contact local law enforcement.

Healthy coping mechanisms are incredibly important during this time: Focus on getting good sleep, eating healthy, and making time for physical activity. Stay connected with your support system virtually with calls, texts, emails,

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COVID-19 Cases to Date
North Shore (includes Bayside, Brown Deer, Fox Point, Glendale, River Hills, Shorewood, Whitefish Bay - as of March 31st, 2020)
48 Cumulative Confirmed Cases
35 active cases being managed and monitored
11 cases resolved because people have recovered and been removed from isolation by NSHD
1 death
1 unable to be located (multiple agency alerts out)
Milwaukee County (as of March 31st, 2020)
674 Cumulative Confirmed Cases
6 Deaths
Wisconsin (as of March 31st, 2020)
1351 Cumulative Confirmed Cases
16 deaths

STAY HOME
SAVE LIVES
NORTH SHORE

and video chatting. Maintaining social connections well help you feel less isolated. Also spend time focusing on other things rather than COVID-19. Don't let the pandemic take over what you read, watch, or talk about, and limit your news intake so as not to overwhelm yourself.

If you find that persistent anxiety is overwhelming your ability to cope with everyday life, or leading to thoughts of self-harm or suicide, reach out for help right away. Text HOPELINE to 741741 or call the Suicide Prevention Hotline at 1-800-273-8255.

The April 7th Election is occurring as scheduled: Polling places will be open, but it is recommended that people vote absentee to minimize the number of people voting at the polls. To request an absentee ballot, visit myvote.wi.gov. The Wisconsin Elections Commission has released information to help prepare polling places and poll workers for Election Day. Screening tools and signs reminding people to maintain physical distance have been designed to provide the safest environment possible when people

head to the polls on April 7th. Visit their website to access these resources: elections.wi.gov/covid-19.

If you have any Personal Protective Equipment (PPE) that you would like to donate to our frontline workers, follow this link: www.covid19supplies.wi.gov/Donations. The WI DHS has set up a PPE Donation/Buyback Program to get important safety items to our health care workers and first responders.

This is a rapidly evolving situation and we encourage you to frequently monitor the DHS website for updates, as well as the NSHD website. Additional information on COVID-19 can be found on the CDC website.